



## Treatment Advocacy Center Biography

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### Founder E. Fuller Torrey, M.D.

E. Fuller Torrey, M.D., is a research psychiatrist specializing in schizophrenia and manic-depressive illness (bipolar disorder). He is founder of the Treatment Advocacy Center and Executive Director of the Stanley Medical Research Institute, which supports research on schizophrenia and manic-depressive illness. His work at the Stanley Medical Research Institute includes participating in ongoing collaborative research on viruses and other infectious agents as a cause of these diseases. He is also a Professor of Psychiatry at the Uniformed Services University of the Health Sciences and an Adjunct Professor at the George Mason University School of Law.

From 1976 to 1985, he was on the clinical staff of St. Elizabeth's Hospital in Washington, D.C., specializing in the treatment of severe psychiatric disorders. From 1988 to 1992, Dr. Torrey directed a study of identical twins with schizophrenia and manic-depressive illness. His research explores viruses as a possible cause of these disorders; he has carried out research in Ireland and Papua New Guinea.

He was educated at Princeton University (B.A., Magna Cum Laude), McGill University (M.D.), and Stanford University (M.A. in Anthropology), and trained in psychiatry at Stanford University School of Medicine. He practiced general medicine in Ethiopia for two years as a Peace Corps physician, in the South Bronx in an O.E.O. Health Center, and in Alaska in the Indian Health Service. From 1970 to 1975, he was a special assistant to the Director of the National Institute of Mental Health.

**"I think if you look at the long arc of his accomplishment, he's been the indispensable man. We simply wouldn't be where we are in services, in treatment, in research, if he had not been willing to stand up and tell the truth."**

*Laurie Flynn, former executive director of NAMI, "60 Minutes," April 21, 2002*

Dr. Torrey is the author of 20 books and more than 200 lay and professional papers, including the following. Some of his books have been translated into Italian, Japanese, Polish, Russian, and Spanish.

- *The Invisible Plague: The Rise of Mental Illness from 1750 to the Present* – Rutgers University Press, 2002.
- *Surviving Manic-Depressive Illness* – Basic Books, 2002.
- *Surviving Schizophrenia: A Family Manual* – Harper and Row, 1983, 1988, 1994, 2001 editions.
- *Out of the Shadows: Confronting America's Mental Illness Crisis* – John Wiley & Sons, 1996.
- *Schizophrenia and Manic-Depressive Disorder: The Biological Roots of Mental Illness as Revealed by a Landmark Study of Identical Twins* – Basic Books, 1994, Senior Author.

- *Freudian Fraud: The Malignant Effect of Freud's Theory on American Thought and Culture* – HarperCollins, 1992.
- *Criminalizing the Seriously Mentally Ill: The Abuse of Jails As Mental Hospitals*. Senior author. Public Citizen Health Research Group and NAMI, 1992.
- *Nowhere to Go: The Tragic Odyssey of the Homeless Mentally Ill* – Harper and Row, 1988.
- *Care of the Seriously Mentally Ill: A Rating of State Programs* – 1986, 1988, 1990 editions with Sidney M. Wolfe, Health Research Group and Laurie Flynn, National Alliance for the Mentally Ill.
- *Witchdoctors and Psychiatrists* – Harper and Row, 1986 (originally published as *The Mind Game*.)
- *The Roots of Treason* – McGraw Hill, 1983; nominated by the National Book Critics Circle as one of the best biographies of 1983.
- *Schizophrenia and Civilization* – Jason Aronson Publishers, 1980.

**“One of Dr. Torrey's greatest attributes is that he is way ahead of his time ... ahead of science.”**

*Robert H. Yolken, MD, neurovirologist and pediatrics professor at Johns Hopkins University, Baltimore, from American Medical News, Aug. 19, 2002.*

Dr. Torrey has appeared on national radio and television (outlets like NPR, Oprah, 20/20, 60 Minutes, and Dateline) and has written for many newspapers.

He received two Commendation Medals by the U.S. Public Health Service, a 1984 Special Families Award from NAMI, a 1991 National Caring Award, and in 1999 received a research award from the International Congress of Schizophrenia and a humanitarian award from NARSAD. Born in Utica, New York, in 1937, he is married with two children.